# Netball (Girls)

## **CCA** Description

Netball is a non-contact team sport for girls that develops players in terms of their speed, ballhandling skills and ability to think fast, adapt and make crucial decisions on court. Through netball, players learn the importance of teamwork, selflessness, sacrifice and most importantly, the courage to persevere in the face of difficulties.

### **Achievements & Highlights**

3<sup>rd</sup> Runners-up in the West-Zone Netball Competition 2014
3<sup>rd</sup> Runners-up in the West-Zone Netball Competition 2015
3<sup>rd</sup> Runners-up in the West-Zone Netball Competition 2016
Champions for the Main Cup at the Sports ALIVE carnival organized by Hong Kah Secondary School (2016)





3<sup>rd</sup> Runners-up in the West-Zone Netball Competition 2017 3<sup>rd</sup> Runners-up in the West-Zone Netball Competition 2018 2<sup>nd</sup> Runners-up in the West-Zone Netball Competition 2019 Placed within top 16 teams in Singapore and participation in

the National Netball Competition from 2014 to 2019

### **Training / Practice Schedule**

Tuesdays – 2.45pm to 4.45pm *Additional training for selected members only: Wednesdays and/or Fridays* – timing to be confirmed in 2021

### VIA or other projects / DSA

Previous Netball members have had opportunities to enter the following schools through netball DSA:

**Commonwealth Secondary School, Bukit Panjang** 



Government High, Nan Hua High School

Participation in netball friendly matches, carnivals and other local competitions

